

M&M Radical Gratitude Part 1

#2 Abide in Me

John 15:4 (ESV)

Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me. I am the vine; you are the branches.

M&M Radical Gratitude Part 1

Lesson Two

Hot gratitude melts our hard pride. Again, it is the means of remaining in Christ. This thanksgiving for who He is mingles with daily thanks for all good gifts, from breath in our lungs to asparagus in springtime. Relishing who God is and all He's given is the secret of remaining connected to Him –and also sucking the marrow from every ordinary day.

Ellen Vaughn

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Lesson Two

It's incredible. The small, compliant human action of saying "thank you" constantly links us to the awesome Creator of the universe. In the practice of perceiving every part of every day as a gift from Him, we stay connected to Christ. We can't wander away, as our hearts are so prone to do: as we thank God for His presents we remain in His presence. He says, "You are welcome." And more. We begin to see things from His point of view. The conversations of a continually grateful heart become a way of life, a fountain flowing in us, the means by which we acknowledge our dependence on Christ, enjoy Him lavishly, and run to do whatever He wants.

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One lady said, “I can feel the gratitude starting to soak into my soul. I’m becoming someone else, a new person, one that I like better than the old.”

“Learning slowly to not be so reactionary while inserting verbal gratitude into stressful situations is almost like being healed of mental blindness. I have begun to “see” again.